COLLEGE STUDENTS' BELIEFS AND VALUES SURVEY

Dear Student,

You may remember when you entered college in Fall 2000 that you filled out a questionnaire that asked for information about your high school activities and expectations about college. We are now following up a selected sample of students who completed that questionnaire. This information is being collected as part of a project funded by the John Templeton Foundation. The survey is designed to help us gain a better understanding of your personal beliefs and values. We recognize that not all questions may seem equally relevant to your personal experience. However, we appreciate diverse viewpoints and value all responses. Detailed information on this research is available from the Higher Education Research Institute at UCLA. Your responses are held in the strictest professional confidence.

1. How many years of undergraduate education have you completed so far?
   - ☐ 1
   - ☐ 2
   - ☐ 3
   - ☐ 4 or more

2. Please specify your undergraduate major:
   ________________________________________________________________

3. Please specify your probable career/occupation:
   ________________________________________________________________

4. Mark the one oval that best describes your undergraduate grade average so far.
   - ☐ A (3.75 – 4.0)
   - ☐ A-, B+ (3.25 – 3.74)
   - ☐ B (2.75 – 3.24)
   - ☐ B-, C+ (2.25 – 2.74)
   - ☐ C (1.75 – 2.24)
   - ☐ C- or less (below 1.75)

5. Please indicate the highest degree you plan to complete eventually at any institution. (Mark one)
   - ☐ None
   - ☐ Vocational certificate
   - ☐ Associate (A.A. or equivalent)
   - ☐ Bachelor's degree (B.A., B.S., etc.)
   - ☐ Master's degree (M.A., M.S., etc.)
   - ☐ Ph.D. or Ed.D.
   - ☐ M.D., D.O., D.D.S., or D.V.M.
   - ☐ LL.B. or J.D. (Law)
   - ☐ B.D. or M. Div. (Divinity)
   - ☐ Other

6. Since entering college have you:
   (Mark all that apply)
   - ☐ Joined a social fraternity or sorority
   - ☐ Had a part-time job on campus
   - ☐ Had a part-time job off campus
   - ☐ Worked full-time while attending school
   - ☐ Participated in student government
   - ☐ Discussed religion/spirituality with friends
   - ☐ Attended a racial/cultural awareness workshop
   - ☐ Participated in:
     - ☐ intercollegiate football or basketball
     - ☐ other intercollegiate sport
   - ☐ Participated in leadership training
   - ☐ Discussed religion/spirituality in class
   - ☐ Joined a religious organization on campus
   - ☐ Converted to another religion

7. During the past year, how much time did you spend during a typical week doing the following activities? (Mark one for each item)

<table>
<thead>
<tr>
<th>Hours Per Week:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study</td>
</tr>
<tr>
<td>Homework</td>
</tr>
<tr>
<td>Socializing with friends</td>
</tr>
<tr>
<td>Talking with faculty outside of class</td>
</tr>
<tr>
<td>Exercising/sports</td>
</tr>
<tr>
<td>Partying</td>
</tr>
<tr>
<td>Student clubs/groups</td>
</tr>
<tr>
<td>Watching TV</td>
</tr>
<tr>
<td>Reading for pleasure</td>
</tr>
<tr>
<td>Using a personal computer</td>
</tr>
<tr>
<td>Commuting</td>
</tr>
</tbody>
</table>

8. For the activities listed below, please indicate how often you engaged in each since entering college. (Mark one for each item)

<table>
<thead>
<tr>
<th>Frequently</th>
</tr>
</thead>
<tbody>
<tr>
<td>Socialized with someone of another racial/ethnic group</td>
</tr>
<tr>
<td>Felt depressed</td>
</tr>
<tr>
<td>Felt overwhelmed by all I had to do</td>
</tr>
<tr>
<td>Attended a religious service</td>
</tr>
<tr>
<td>Drank beer</td>
</tr>
<tr>
<td>Drank wine or liquor</td>
</tr>
<tr>
<td>Discussed politics</td>
</tr>
<tr>
<td>Sought personal counseling</td>
</tr>
<tr>
<td>Took interdisciplinary courses</td>
</tr>
<tr>
<td>Tutored another college student</td>
</tr>
</tbody>
</table>

Sincerely,

Alexander W. Astin, Director
Higher Education Research Institute
9. Compared with when you first started college, how would you now describe your:
(Mark one for each item)

- Ability to think critically
- Knowledge of people from different races/cultures
- Religious beliefs and convictions
- Leadership abilities
- Interpersonal skills
- Ability to get along with people of different races/cultures
- Understanding of the problems facing your community
- Understanding of social problems facing our nation
- Understanding of global issues
- Acceptance of people with different religious/spiritual views
- Spirituality
- Religiousness

10. How often have professors at your current college provided you with:
(Mark one for each item)

- Advice and guidance about your educational program
- Respect (treated you like a colleague/peer)
- Emotional support and encouragement
- Opportunities to discuss the purpose/meaning of life
- Negative feedback about your academic work
- Intellectual challenge or stimulation
- Opportunities to discuss coursework outside of class
- Help in achieving your professional goals
- Encouragement to discuss religious/spiritual matters

11. Your current religious preference: (Mark one)
- Baptist
- Buddhist
- Eastern Orthodox
- Episcopal/Episcopalian
- Hindu
- Islamic
- Jewish
- LDS (Mormon)
- Lutheran
- Methodist
- Presbyterian
- Quaker
- Roman Catholic
- Seventh Day Adventist
- Unitarian/Universalist
- United Church of Christ
- Other Christian religion (specify below)
- Other religion (specify below)
- None

12. Do you consider yourself a Born-Again Christian?
- Yes
- No

13. Please indicate the importance to you personally of each of the following:
(Mark one for each item)

- Becoming accomplished in one of the performing arts (acting, dancing, etc.)
- Becoming an authority in my field
- Influencing the political structure
- Influencing social values
- Raising a family
- Being very well off financially
- Helping others who are in difficulty
- Making a theoretical contribution to science
- Writing original works (poems, novels, short stories, etc.)
- Creating artistic works (painting, sculpture, decorating, etc.)
- Becoming successful in a business of my own
- Becoming involved in programs to clean up the environment
- Developing a meaningful philosophy of life
- Participating in a community action program
- Helping to promote racial understanding
- Becoming a community leader
- Integrating spirituality into my life

14. Please indicate your agreement with each of the following statements:
(Mark one for each item)

- Love is at the root of all the great religions
- All life is interconnected
- Believing in supernatural phenomena is foolish
- We are all spiritual beings
- It is futile to try to discover the purpose of existence
- People can reach a higher spiritual plane of consciousness through meditation or prayer
- The evil in this world seems to outweigh the good
- Some religious traditions convey more truth than others
- Most people can grow spiritually without being religious
- People who don’t believe in God will be punished
- Non-religious people can lead lives that are just as moral as those of religious believers
- The universe arose by chance
- In the future, science will be able to explain everything
- While science can provide important information about the physical world, only religion can truly explain existence

15. The relationship between science and religion is one of:
(Mark one)
- Conflict; I consider myself to be on the side of religion
- Conflict; I consider myself to be on the side of science
- Independence; they refer to different aspects of reality
- Collaboration; each can be used to help validate the other

16. Do you pray?
- Yes
- No (Skip to #18)
17. If yes, why do you pray? (Mark one for each item)
   - For help in solving problems
   - To be in communion with God
   - To express gratitude
   - For emotional strength
   - For forgiveness
   - To relieve the suffering of others
   - Other

18. How often do you engage in the following activities? (Mark one for each item)
   - Self-reflection
   - Prayer
   - Meditation
   - Yoga, Tai Chi, or similar practice
   - Religious singing/chanting
   - Reading sacred texts
   - Other reading on religion/spirituality

19. Please indicate the extent to which each of the following describes you. (Mark one for each item)
   - Not At All
   - To Some Extent
   - To A Great Extent
   - Having an interest in spirituality
   - Believing in the sacredness of life
   - Feeling unsettled about spiritual and religious matters
   - Believing only what I can see or can be explained
   - Feeling good about the direction in which my life is headed
   - Feeling a sense of connection with God/Higher Power that transcends my personal self
   - Feeling a strong connection to all humanity
   - Feeling disillusioned with my religious upbringing
   - Having an interest in different religious traditions
   - Being committed to introducing people to my faith
   - Believing in the goodness of all people
   - Being thankful for all that has happened to me
   - Seeking each day, good or bad, as a gift
   - Seeking to follow religious teachings in my everyday life
   - Believing in life after death

20. Which of the following best characterizes your conception of or experience with God? (Mark one)
   - Universal spirit
   - Higher Power
   - Love
   - Source of all existence
   - Divine mystery
   - Supreme Being
   - None of the above

21. How do you view God or other Higher Power in relation to yourself? (Mark all that apply)
   - Father-figure
   - Mother-figure
   - Friend
   - Teacher
   - Part of me
   - Beloved
   - Master
   - Protector
   - None of the above
   - Other

22. Please indicate the importance to you personally of each of the following: (Mark one for each item)
   - Not Important
   - Somewhat Important
   - Very Important
   - Essential
   - Seeking out opportunities to help me grow spiritually
   - Reducing pain and suffering in the world
   - Attaining inner harmony
   - Attaining wisdom
   - Seeking beauty in my life
   - Finding answers to the mysteries of life
   - Becoming a more loving person
   - Following faithfully the Laws and Rules taught by my religion
   - Improving the human condition

23. Have you ever had a "spiritual" experience while: (Mark one for each item)
   - In a house of worship
   - Listening to beautiful music
   - Viewing a great work of art
   - Participating in a musical or artistic performance
   - Engaging in athletics
   - Witnessing the beauty and harmony of nature
   - Making love
   - Meditating
   - Feeling good about the direction in which you have:
   - Felt loved by God
   - Felt angry with God

24. Since entering college, please indicate how often you have:
   - Participated in community food or clothing drives
   - Helped at local houses of worship
   - Performed other volunteer work
   - Helped friends with personal problems
   - Donated money to charity
   - Felt angry with God
   - Felt loved by God
   - Struggled to understand evil, suffering, and death
   - Questioned your religious/spiritual beliefs
   - Spent time with people who share your religious views
   - Felt that your life is filled with stress and anxiety
   - Been able to find meaning in times of hardship
   -Expressed gratitude to others
   - Felt at peace/centered
   - Explored religion online
   - Found new meaning in the rituals and practices of my religion
   - Attended a class/workshop or retreat on matters related to religion/spirituality

25. The ultimate spiritual quest for me is: (Mark one)
   - To discover who I really am
   - To know what God requires of me
   - To become a better person
   - To know my purpose in life
   - To make the world a better place
   - Other
   - I do not consider myself to be on a spiritual quest
26. In what ways have the following experiences changed your religious/spiritual beliefs? (Mark one for each item)

New ideas encountered in classes .................................................................
Romantic relationship ..................................................................................
Financial difficulties .....................................................................................
Personal injury or illness .............................................................................
"Break up" with romantic partner ..............................................................
Parents' divorce or separation ....................................................................
Death of a close friend or family member ..................................................
Other crisis involving a friend or family member ........................................
Epiphany/Conversion/Mystical event ..........................................................
Natural disaster ............................................................................................
Campus tragedy ...........................................................................................
The events of September 11th, 2001 ............................................................

27. How many of your close friends: (Mark one for each item)

Share your religious/spiritual views? .........................................................
Belong to a campus religious organization? ..............................................
Are searching for meaning/purpose in life? .................................................
Go to church/temple/or other house of worship? ....................................... 

28. Please indicate the extent to which you engage in the following activities: (Mark one for each item)

Searching for meaning/purpose in life ......................................................
Trying to change things that are unfair in the world ...................................
Accepting others as they are ......................................................................
Having discussions about the meaning of life with my friends .................

29. Please indicate your agreement with each of the following statements: (Mark one for each item)

What happens in my life is determined by forces larger than myself ............
Whether or not there is a Supreme Being is a matter of indifference to me ...
It doesn’t matter what I believe as long as I lead a moral life .................
I have never felt a sense of sacredness .....................................................
I gain spiritual strength by trusting in a Higher Power .............................
I find religion to be personally helpful ....................................................
I know someone I can turn to for spiritual guidance ..............................
Abortion should be legal ...........................................................................
The death penalty should be abolished ....................................................
If two people really like each other, it's all right for them to have sex even if they’ve known each other for only a very short time ............................................
The activities of married women are best confined to the home and family 
Marijuana should be legalized .................................................................
It is important to have laws prohibiting homosexual relationships ..........
Realistically, an individual can do little to bring about changes in our society

30. My spiritual/religious beliefs: (Mark one for each item)

Have helped me develop my identity .........................................................
Are one of the most important things in my life ....................................... 
Give meaning/purpose to my life .................................................................
Help define the goals I set for myself ........................................................
Provide me with strength, support, and guidance .....................................
Lie behind my whole approach to life .........................................................

31. Rate yourself on each of the following traits as compared with the average person your age. We want the most accurate estimate of how you see yourself. (Mark one for each item)

Altruism ........................................................................................................
Compassion .................................................................................................
Cooperativeness .......................................................................................... 
Courage .........................................................................................................
Creativity ........................................................................................................
Dependability ............................................................................................... 
Drive to achieve ............................................................................................
Empathy ........................................................................................................
Forgiveness ...................................................................................................
Generosity .....................................................................................................
Gratefulness .................................................................................................
Helpfulness .................................................................................................
Humility .......................................................................................................... 
Kindness .......................................................................................................... 
Leadership ability .........................................................................................
Loyalty ............................................................................................................
Open-mindedness .........................................................................................
Patience .......................................................................................................... 
Physical health .............................................................................................
Religiousness/religiosity ............................................................................... 
Respectfulness ............................................................................................... 
Self-awareness ............................................................................................... 
Self-confidence (intellectual) ........................................................................ 
Self-confidence (social) ............................................................................... 
Self-understanding ....................................................................................... 
Spirituality ...................................................................................................... 
Understanding of others ............................................................................... 

32. Please rate your satisfaction with your current college on each of the aspects of campus life listed below. (Mark one for each item)

Relevance of coursework to everyday life .................................................
Sense of community on campus .................................................................
Opportunities for religious/spiritual reflection .........................................
Career counseling and advising .................................................................
Amount of contact with faculty .................................................................
Interaction with other students .................................................................
Respect for diverse spiritual/religious beliefs .......................................... 
Overall college experience .........................................................................

THANK YOU!