Journey Through the First Year of College

At the end of the first year, students are satisfied with academic life on campus...

- 73% are satisfied with general education and core curriculum courses
- 79% are satisfied with their overall academic experience
- 86% would recommend their college to others

...and have utilized a variety of student services.

- 54% used student health services
- 25% used student psychological services
- 29% used campus safety services
- 15% used the disability resource center
- 43% used study skills advising
- 47% used the writing center
- 36% used financial aid advising

They have numerous demands on their time outside of class...

- 34% felt their job responsibilities interfered with schoolwork
- 35% felt their family responsibilities interfered with schoolwork
- 13% spent three or more hours per week commuting

...but find ways to unwind.

- 64% spent three or more hours per week watching TV/online video content
- 45% pray or meditate
- 58% spent three or more hours per week exercising or playing sports

Many students are thinking about their careers...

- 59% strongly agree that it is important to think about their career path after college
- 24% strongly agree that they have a clear idea of how to achieve their career goals
- 19% are very satisfied with the relevance of coursework to their future career plans
- 42% used career services
- 36% used career services

...and some are now exploring new goals.

- 36% decided to pursue a different major
- 34% changed their career choice

With insight from HERI’s Your First College Year Survey, the most comprehensive tool addressing first-year programming and retention strategies, you’ll be one step closer to helping your students adjust to campus life while providing the best environment for learning.

Survey Source: Your First College Year Survey 2018

www.heri.ucla.edu/infographic/