

Journey Through the First Year of College

AT THE END OF THE FIRST YEAR, STUDENTS ARE SATISFIED WITH ACADEMIC LIFE ON CAMPUS...

73%

are satisfied with general education and core curriculum courses

79%

are satisfied with their overall academic experience

86%

would recommend their college to others



...AND HAVE UTILIZED A VARIETY OF STUDENT SERVICES.



54%

used student health services

25%

used student psychological services

29%

used campus safety services

15%

used the disability resource center

43%

used study skills advising

47%

used the writing center

36%

used financial aid advising

THEY HAVE NUMEROUS DEMANDS ON THEIR TIME OUTSIDE OF CLASS...



34%

felt their job responsibilities interfered with schoolwork



35%

felt their family responsibilities interfered with schoolwork



13%

spent three or more hours per week commuting

... BUT FIND WAYS TO UNWIND.



64%

spent three or more hours per week watching TV/online video content



45%

pray or meditate



58%

spent three or more hours per week exercising or playing sports

MANY STUDENTS ARE THINKING ABOUT THEIR CAREERS...



59%

strongly agree that it is important to think about their career path after college



24%

strongly agree that they have a clear idea of how to achieve their career goals



19%

are very satisfied with the relevance of coursework to their future career plans



42%

used career services

...AND SOME ARE NOW EXPLORING NEW GOALS.



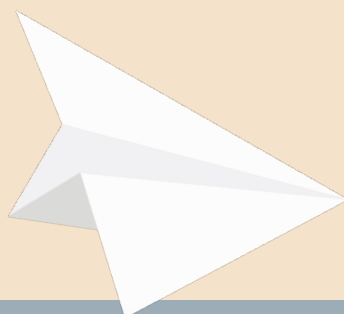
36%

decided to pursue a different major



34%

changed their career choice



With insight from HERI's Your First College Year Survey, the most comprehensive tool addressing first-year programming and retention strategies, you'll be one step closer to helping your students adjust to campus life while providing the best environment for learning.

Survey Source: Your First College Year Survey 2018

www.heri.ucla.edu/infographic/



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